# Jennifer C. Veilleux, Ph.D.

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### **Professional Positions**

2017-present Associate Professor, Department of Psychological Science (University of Arkansas) 2011-present Assistant Professor, Department of Psychological Science (University of Arkansas) 2013-present Licensed Psychologist, State of Arkansas (License No. 13-08P)

### **Education**

2011	Doctor of Philosophy, Clinical Psychology, University of Illinois at Chicago Dissertation: Affective Chronometry of Cue-Induced Cigarette Craving
2011	APA-Accredited Predoctoral Clinical Internship Southwest Consortium, Albuquerque, New Mexico
2007	Master of Arts, Clinical Psychology, University of Illinois at Chicago Thesis: Specificity in Positive Affect: Lessons from Laboratory Emotion Induction
2004	Post-BA Coursework in Psychology, University of Minnesota

Bachelor of Arts, Dramatic Arts, Macalester College

## Awards/Distinctions

1999

2015 & 2017	Provost Faculty Travel Assistance Award
2015	Robert C. and Sandra Conner Endowed Faculty Fellowship (J. William Fulbright College of
	Arts and Sciences, given to a junior faculty who excels in teaching, research and service)
2014	Faculty of the Year Award (Associated Student Government & Residents Interhall Congress,
	University of Arkansas)
2013-2014	SEC Faculty Travel Grant (Office for Research and Economic Development, University of
	Arkansas)
2012	Golden Tusk Award (Division of Student Affairs, University of Arkansas)
2011	K. Patricia Cross Future Leaders Award (Conference travel and membership, Association of
	American Colleges and Universities)
2010	Award for Excellence in Clinical Psychology (UIC Dept. of Psychology)
2009	Liberal Arts and Sciences Alumni Association Merit Award (UIC Alumni Association)
2009	Harry S. Upshaw Award for Excellence in Teaching (UIC Psychology Department)

## **Active and Submitted Grant Support**

2019-2022 Co-Investigator, IMPACT Arkansas: Integrating Medical and Psychological Accessible Care to Treat the Behavioral Health and Substance Use/Opioid Use Needs of Underserved Arkansans. [Bridges, A. J. (PI), Ham, L. S. (Co-I), Feldner, M. T. (Co-I), Veilleux, J. C. (Co-I), Cavell, T. A. (Co-I), Dopp, A. R. (Consultant), Lusk, S. (Consultant), & Mancino, M. J. (Consultant]. Department of Health and Human Services/Health Resources and Services Administration, Graduate Psychology Education, total cost = \$1,180,055 (awarded). Principal Investigator, Council of University Directors of Clinical Psychology. Development of 2019-2020 standardized supervisee framework for assessing competency of supervisor trainees. \$3263. Funded 2018-2020 Principal Investigator, National Institute on Drug Abuse. Dynamic motivational processes underlying smoking guit intentions. \$110,000. Funded. Co-Investigator. Arkansas Biosciences Institute. Negative urgency and state-level 2018-2019 fluctuations in alcohol cognitions: An experimental examination of mechanisms underlying addictive behaviors.[Ham. L. S. (PI), Wolkowicz, N. (Co-I), \$3000, Funded.

## **Completed Grant Support**

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2017-2018	Principal Investigator, Arkansas Biosciences Institute. <i>Dynamic distress tolerance fluctuations in daily and intermittent smokers</i> . \$27,000. Funded.
2016-2017	Principal Investigator, Federal Loan Repayment Program, National Institute of Health (NIDA).
	Unpacking temptation: Cue-exposure and motivational factors contributing to self-control in parallel studies of smokers and compulsive overeaters. Renewal funded.
2015-2017	Principal Investigator, Integrated Philosophy and Science of Self-Control (via Florida State
	University and the John Templeton Foundation). Identification of disfavored desires:
	Acceptance versus alienation of temptations as influencing self-control decisions. \$142,000. Funded.
2014-2016	Principal Investigator, Federal Loan Repayment Program, National Institute of Health (NIDA). The effects of cue exposure on general self-control processes: Motivational factors in a
	transdiagnostic examination of behavioral responses to smoking, alcohol and food cues.
	(Lindsay Ham, Mentor). Funded.
2015-2016	Co-Principal Investigator, Provost's Collaborative Research Grants. Reasons for and barriers
	to hydration. \$1500. Funded.
2014-2015	Principal Investigator, Arkansas BioSciences Institute. Examination of cue exposure as a
	mechanism for depleting self-control resources in smokers varying in quit interest. \$22,063 in direct costs to the University of Arkansas.
2014	Marie Howells Summer Writing a Grant, University of Arkansas Department of Psychological
2014	Science. The Effect of Cue Exposure on Self-Control Processes: A Multi-Domain Analysis.
	Summer Salary.
2010	Principal Investigator, Dissertation Grant, Society for the Science of Clinical Psychology
	(SSCP), Affective Chronometry of Cue-induced Cigarette Craving. \$500
2009	Principal Investigator, Provost's Award for Graduate Research, University of Illinois at
	Chicago, Affective Chronometry of Cue-induced Cigarette Craving. \$2500.
2009	Principal Investigator, American Psychological Association Dissertation Research Award,
	Affective Chronometry of Cue-induced Cigarette Craving. \$1000.
2008	Principal Investigator, Psi Chi Graduate Research Grant, Inducing Specific Positive
	Emotions: The Effects of Mental Imagery Versus Verbal Thought. \$500

#### **Submitted but Unfunded Grants**

2016	Honors College Technology & Equipment Grant
2015	Principal Investigator, National Institute on Drug Abuse. Motivational factors influencing the
	effect of temptation on self-regulation failure in smokers and binge eaters. \$297,000.
	Submitted October 2015

- 2015 Principal Investigator, National Institute on Drug Abuse. *Cue exposure and motivational factors in the self-regulation of smokers and compulsive over-eaters.* \$200,000. Submitted June 2014, resubmitted October 2015.
- Co-Investigator, National Institute of Health Small Business Innovation Research (PI: Headwaters Instutite; Co-I: Matthew Ganio, Department of Human Health and Recreation). Prevention of Dehydration in Older Adults. \$35,649 in direct costs to the University of Arkansas. Submitted November 2014.
- 2012 Principal Investigator, Arkansas BioSciences Institute. The influence of specific emotion regulation strategies on craving and subsequent behavioral distress tolerance in cigarette smokers. \$22,815 in direct costs to the University of Arkansas.

## Manuscripts under review

- \*indicates mentored graduate student co-author
- +indicates mentored undergraduate student co-author
- \*Baker, D. E., & **Veilleux, J. C.** (under review). I want, I need, or I should? Self-talk's influence on desire strength for health goals and temptations.
- \*Hill, M. A., & **Veilleux**, **J. C.** (under review). Giving in and feeling bad: The effect of justification on self-control failure and emotion.
- Hunter, E., Forrest, L., Jacobs, S., Schwartz-Mette, R., Shen-Miller, D., Van Sickle, K., & **Veilleux, J. C.** (under review). When competencies and culture collide: Intersections of diversity and problems with professional competence.
- +Reimer-Adams, E. N., & **Veilleux, J. C.** (under review). Not just religious: Endorsing the prosperity gospel predicts stigma toward mental illness.
- **Veilleux, J. C.,** \*Chamberlain, K. D., \*Baker, D. E., & \*Warner, E. A. (under review). Disentangling beliefs about emotions from emotion schemas.
- **Veilleux, J. C.,** Funkhouser, E., \*Baker, D. E., \*Chamberlain, K. D., \*Hill, M. A., \*Skinner, K. D., & \*Pollert, G. A. (under review). Viewing temptations as "alien:" Influences on desire strength and self-control.
- **Veilleux, J. C.,** \*Pollert, G. A., \*Skinner, K. D., \*Chamberlain, K. D., \*Baker, D. E., & \*Hill, M. A. (under review). Individual beliefs about emotion and perceptions of belief stability are associated with emotion dysregulation, interpersonal emotional attributes and psychological flexibility
- **Veilleux, J. C.,** \*Skinner, K. D., \*Chamberlain, K. D., & \*Baker, D. E. (under review). Contextual influences on momentary perceived willpower in daily life.
- **Veilleux, J. C.,** \*Warner, E. A., \*Baker, D. E., & \*Chamberlain, K. D. (under review). Momentary beliefs about emotion shift with state affect.
- Zabelina, D. L., Jennings, P. E., & **Veilleux**, **J. C.** (under review). Episodic memory and imagination: The effect of specificity manipulation on the content of thought and associated affect.
- Zielinski, M. J., **Veilleux, J. C.,** \*Skinner, K. D. (under review). Does emotion invalidation predict daily affect and stressors? An ecological momentary assessment study of young adults.

### **Publications**

- \*indicates mentored graduate student co-author, +indicates mentored undergraduate student co-author
- **Veilleux, J. C.** & \*Skinner, K. D. (in press). Differences in distress tolerance among daily and intermittent smokers. *Nicotine & Tobacco Research*.
- **Veilleux, J. C.,** Caldwell, A. R., Johnson, E. C., Kavouras, S., McDermott, B. P., & Ganio, M. S. (in press). Examining the links between hydration knowledge, attitudes and behavior. *European Journal of Nutrition*. https://doi.org/10.1007/s00394-019-01958-x
- Salem, T., Winer, E. S., Jorgan, D. G., Nadorff, M. R., Fanning, J. R., Swinea, J. C., Berman, M. E., & Veilleux, J. C. (in press). Anhedonia helps explain the relationship between depression and aggressive behavior. *Journal of Interpersonal Violence*. https://doi.org/10.1177/0886260518770646
- Funkhouser, E., & **Veilleux**, **J. C.** (in press). Framing temptations in relation to the self: Acceptance and alienation. In A. Mele (Ed.) Philosophy and Science of Self-Control.
- Veilleux, J. C., +Lankford, N. M., \*Hill, M. A., \*Skinner, K. D., \*Chamberlain, K. D., \*Baker, D. E., & \*Pollert, G. A. (2020). Affect balance predicts daily emotional experience. *Personality and Individual Differences, 154*, e 109683. https://doi.org/10.1016/j.paid.2019.109683
- Vacha-Haase, T., Elman, N., Forrest, L., Lease, S., Kallaugher, J., **Veilleux, J. C.** & Kaslow, N. (2019). Remediation plans for trainees with problems of professional competence. *Training and Education in Professional Psychology*, *13*, 239-246. doi: 10.1037/tep0000221
- **Veilleux, J. C.** (2019). The relationship between distress tolerance and cigarette smoking: A review and synthesis. *Clinical Psychology Review, 71,* 78-89. https://doi.org/10.1016/j.cpr.2019.01.003
- **Veilleux, J. C.** (2019). Shifts in momentary motivation to quit smoking based on experimental context and perceptions of motivational instability. *Addictive Behaviors, 96,* 62-67. https://doi.org/10.1016/j.addbeh.2019.04.012
- **Veilleux, J. C.,** \*Pollert, G. A., \*Zielinski, M. J., \*Shaver, J. A., & +Hill, M.A. (2019). Behavioral assessment of the negative emotion aspect of distress tolerance: Tolerance to emotional images. *Assessment, 26,* 386-403. https://doi.org/10.1177/1073191116689819
- **Veilleux, J. C.,** \*Zielinski, M. J., Moyen, N. E., Tucker, M. A., Dougherty, E. K., & Ganio, M. S. (2018). The effects of passive heat stress on self-reported distress and a behavioral index of self-control in smokers and non-smokers. *Journal of General Psychology, 145,* 342-361. doi: 10.1080/00221309.2018.1494127
- **Veilleux, J. C.,** \*Hill, M. A., \*Skinner, K. D., \*Pollert, G. A., \*Baker, D. E. & \*Spero, K. D. (2018). The dynamics of persisting through distress: Development of a momentary distress intolerance scale using ecological momentary assessment. *Psychological Assessment, 30,* 1468-1478. doi: 10.1037/pas0000593
- Zielinski, M. J., & **Veilleux**, **J. C.** (2018). The Perceived Invalidation of Emotion Scale (PIES): Development and psychometric properties of a novel measure of current emotion invalidation. *Psychological Assessment*, *30*, 1454-1467. doi: 10.1037/pas0000584
- Kaslow, N., Grus, C., Allbaugh, L. J., Shen-Miller, D., Bodner, K., **Veilleux, J. C.,** & Van Sickle, K. (2018). Trainees with competence problems in the professionalism domain. *Ethics & Behavior, 28,* 429-449. doi: 10.1080/10508422.2018.1438897

- Grus, C., Lease, S., Shen-Miller, D., Jacobs, S., Bodner, K., Van Sickle, K., **Veilleux, J.C.,** & Kaslow, N. (2018). Professionalism: A competency cluster whose time has come. *Ethics & Behavior, 28,* 450-464. doi: https://doi.org/10.1080/10508422.2017.1419133
- **Veilleux, J. C.**, \*Skinner, K. D., & \*Pollert, G. A. (2018). Examining the effect of cue exposure and introspective responses to cues on impulsivity in restrained and unrestrained eaters. *Eating Behaviors*, *31*, 99-104. https://doi.org/10.1016/j.eatbeh.2018.09.001
- Veilleux, J. C., \*Hill, M. A., \*Skinner, K. D., \*Pollert, G. A., \*Spero, K. D., & \*Baker, D. E. (2018). Self-control challenge scenarios in daily life: Developing a taxonomy of goals and temptations. *Motivation & Emotion*, 42, 653-670. https://doi.org/10.1007/s11031-018-9695-1
- **Veilleux, J. C.,** Lovett, D. E., \*Skinner, K. D., & Ham, L. S. (2018). Non-alcoholic beverage cues as specific comparison images to alcohol image cues: Evaluating measurement and design choices for cuereactivity studies. *Substance Use and Misuse*, *53*, 773-781. doi: 10.1080/10826084.2017.1365087
- \*Pollert, G. A., & **Veilleux**, **J. C.** (2018). Attentional bias is more predictive of eating behavior after self-control exertion. *Eating Behaviors*, *29*, 25-27. doi: https://doi.org/10.1016/j.eatbeh.2018.02.001
- Zielinski, M. J., \*Hill, M. A., & **Veilleux**, **J. C.** (2018). Is the first cut really the deepest? Frequency and recency of non-suicidal self-injury as predictors of psychopathology and dysregulation. *Psychiatry Research*, *259*, 392-397. doi: https://doi.org/10.1016/j.psychres.2017.10.030
- **Veilleux, J. C.,** & Chapman, K. M. (2017). Development of a research methods and statistics concept inventory. *Teaching of Psychology, 44,* 203-211. doi: 10.1177/0098628317711287
- **Veilleux, J. C.,** & Chapman, K. M. (2017). Validation of the Psychological Research Inventory of Concepts: An index of research and statistical literacy. *Teaching of Psychology, 44,* 212-221. doi: 10.1177/0098628317711302
- \*Zielinski, M. J., **Veilleux, J. C.,** Nadorff, M. R., & Winer, E. S. (2017). A short-term longitudinal examination of the relations between depression, anhedonia and self-injurious thoughts and behaviors in adults with a history of self-injury. *Comprehensive Psychiatry, 73,* 187-195. doi: https://doi.org/10.1016/j.comppsych.2016.11.013
- \*Skinner, K. D., Rojas, S., & **Veilleux**, **J. C.** (2017). Connecting eating pathology with risk for engaging in suicidal behavior: The mediating role of experiential avoidance. *Suicide & Life-Threatening Behaviors*, *47*, 3-13. doi: 10.1111/sltb.12249
- **Veilleux, J. C.,** & Bilsky, S. A. (2016). After a client death: Suicide postvention recommendations for training programs and clinics. *Training and Education in Professional Psychology, 10,* 214-222. doi: http://dx.doi.org/10.1037/tep0000127
- **Veilleux, J. C.,** \*Skinner, K. D., & \*Pollert, G. A. (2016). Quit interest influences smoking cue-reactivity. *Addictive Behaviors*, *63*, 137-140. doi:10.1016/j.addbeh.2016.07.017
- \*Skinner, K. D., & **Veilleux, J. C.** (2016). The interactive effects of drinking motives, age, and self-criticism in predicting hazardous drinking. *Substance Use and Misuse, 51,* 1342-1352. doi: 10.3109/10826084.2016.1168448
- \*Pollert, G. A., +Kauffman, A. A., & **Veilleux**, **J. C.** (2016). Symptoms of psychopathology within groups of eating disordered, restrained eating, and non-eating disordered individuals. *Journal of Clinical Psychology*, *72*, 621-632. doi: 10.1002/jclp.22283

- **Veilleux, J. C.,** & \*Skinner, K. D. (2016). Introspective responses to cues and motivation to reduce cigarette smoking influence state and behavioral responses to cue exposure. *Addictive Behaviors, 60,* 103-108. doi:10.1016/j.addbeh.2016.04.002
- Moyen, N. E., Ganio, M. S., Burchfield, J. M., Tucker, M. A., Gonzalex, M. A., Dougherty, E. K...... & **Veilleux, J. C.** (2016). Effect of passive heat stress on arterial stiffness in smokers versus non-smokers. *International Journal of Biometeorology, 60,* 499-506. doi: 10.1007/s00484-015-1046-2
- Winer. E. S., Drapeau, C. W., **Veilleux, J. C.,** Nadorff, M. R. (2016). The association between anhedonia, suicidal ideation, and suicide attempts in a large student sample. *Archives of Suicide Research*, *20*, 265 272. doi; 10.1080/13811118.2015.1025119
- +Reese, E. D. & **Veilleux**, **J. C.** (2016). Relationships between craving beliefs and abstinence self-efficacy are mediated by smoking motives and moderated by nicotine dependence. *Nicotine & Tobacco Research*, *18*, 48-55. doi: 10.1093/ntr/ntv054
- +Reese, E. D., \*Pollert, G. A., & **Veilleux, J. C.** (2016). Self-regulatory predictors of binge eating: Understanding the contributions of action control and willpower beliefs, *Eating Behaviors, 20,* 64-69. doi:10.1016/j.eatbeh.2015.11.005
- Najdowski, C. J., Bottoms, B. L., Stevenson, M. C., & **Veilleux**, **J. C.** (2015). A historical review and resource guide to the scholarship of teaching and training in psychology and law and forensic psychology. *Training and Education in Professional Psychology*, *9*, 217-228. doi: 10.1037/tep0000095
- Lovett, D. E., Ham, L. S., & **Veilleux, J. C.** (2015). Psychometric evaluation of a standardized set of alcohol cue photographs to assess craving. *Addictive Behaviors, 48*, 58-61. doi: 10.1016/j.addbeh.2015.05.002
- **Veilleux, J. C.,** & \*Skinner, K. D. (2015). Smoking, alcohol and food cues on subsequent behavior: A qualitative systematic review. *Clinical Psychology Review, 36,* 13-27. doi:10.1016/j.cpr.2015.01.001
- **Veilleux, J. C.,** +Salomaa, A. C., \*Shaver, J. A., \*Zielinski, M. J., & \*Pollert, G. A. (2015). Multidimensional assessment of beliefs about emotion: Development and validation of the Emotion and Regulation Beliefs Scale. *Assessment, 22,* 86-100. doi: 10.1177/1073191114534883
- +Reese, E. D., \*Zielinski, M. J., & **Veilleux, J. C.** (2015). Facets of mindfulness mediate behavioral inhibition systems and emotion dysregulation. *Personality and Individual Differences, 72,* 41-46. doi: 10.1016/j.paid.2014.08.008
- \*Zielinski, M. J., & **Veilleux, J. C.** (2014). Examining the relation between borderline personality features and social support: The mediating role of rejection sensitivity. *Personality and Individual Differences,* 70, 235-238. doi: 10.1016/j.paid.2014.07.005
- **Veilleux, J. C.,** Sandeen, E., & Levensky, E. (2014). Dialectical tensions, supervisor attitudes and contextual influences in psychotherapy supervision. *Journal of Contemporary Psychotherapy, 44*(1), 31-41. doi: 10.1007/s10879-013-9245-9.
- **Veilleux, J. C.,** +Skinner, K. D., +Reese, E. D., & \*Shaver, J. A. (2014). Affect intensity, emotion dysregulation and drinking to cope in college students and non-college adults. *Personality and Individual Differences*, *59*, 96-101. doi: 10.1016/j.paid.2013.11.012

- Winer, E. S., **Veilleux, J. C.,** & Ginger, E. (2014). Development and validation of the Specific Loss of Interest and Pleasure Scale (SLIPS). *Journal of Affective Disorders*, *152*, 193-201. doi: 10.1016/j.jad.2013.09.010
- \*Shaver, J. A., **Veilleux, J. C.,** & Ham, L. S. (2013). Meta-emotions as predictors of drinking to cope: A comparison of competing models. *Psychology of Addictive Behaviors, 27,* 1019-1026. doi: 10.1037/a0033999.
- Heinz, A. J., Giedgowd, G. E., Crane, N. A., **Veilleux, J. C.**, Conrad, M., Braun, A. R., . . . & Kassel, J. D. (2013). A comprehensive examination of hookah smoking in college students: Use patterns and contexts, social norms and attitudes, harm perception, psychological correlates and co-occurring substance use. *Addictive Behaviors*, *38*, 2751-2760.
- Forrest, L., Elman, N. C., Huprich, S. K., **Veilleux, J.C.,** Jacobs, S. C., & Kaslow, N. J. (2013). Training directors' perceptions of faculty behaviors when dealing with trainee competence problems: A mixed methods pilot study. *Training and Education in Professional Psychology*, *7*, 23-32.
- Kassel, J.D., **Veilleux, J. C.,** Heinz, A. J., Braun, A., Conrad, M., & (2013). The role of aftereffects and withdrawal in addiction. In J. MacKillop & H. de Wit (Eds.) *The Wiley-Blackwell Handbook of Addiction Psychopharmacology* (pp. 281-313). West Sussex, UK: John Wiley & Sons.
- **Veilleux**, **J.C.**, Conrad, M., & Kassel, J. D. (2013). Cue-induced cigarette craving and mixed emotions: A role for positive affect in the craving process. *Addictive Behaviors*, *38*, 1881-1889.
- Veilleux, J. C., January, A. M., VanderVeen, J. W., Reddy, L. F., & Klonoff, E. A. (2012). Perceptions of climate in clinical psychology doctoral programs: Development and initial validation of the Graduate Program Climate Scale. *Training and Education in Professional Psychology, 6*, 211-219. doi: 10.1037/a0030303
- Veilleux, J. C., January, A. M., VanderVeen, J. W., Reddy, L. F., & Klonoff, E. A. (2012). Differentiating amongst characteristics associated with problems of professional competence: Perceptions of graduate student peers. *Training and Education in Professional Psychology*, 6, 113-121. doi: 10.1037/a0028337
- VanderVeen, J. W., Reddy, L. F., **Veilleux, J. C.**, January, A. M., & DeLillio, D (2012). Clinical PhD graduate student views of their scientist-practitioner training. *Journal of Clinical Psychology, 9,* 1048-1057.
- Braun, A.R., Heinz, A.J., Veilleux, J.C., Conrad, M., Weber, S., Wardle, M., . . . & Kassel, J.D. (2012). The separate and combined effects of alcohol and nicotine on anticipatory anxiety: A multidimensional analysis. *Addictive Behaviors*, *37*, 485-491.
- **Veilleux, J. C.** (2011). Coping with client death: Using a case study to discuss the effects of accidental, undetermined and suicidal deaths on therapists. *Professional Psychology: Research and Practice,* 42 (3), 222-228.
- **Veilleux, J. C.,** Kassel, J. D., Heinz, A. J., Braun, A., Wardle, M., Greenstein, J., et al. (2011). Predictors and sequelae of smoking topography over the course of a single cigarette in adolescent light smokers. *Journal of Adolescent Health, 48,* 176-181.
- Kamen, C., **Veilleux, J. C.**, Bangen, K. J., Vanderveen, J. W., & Klonoff, E. A. (2010). Climbing the stairway to competency: Trainee perspectives on competency development. *Training and Education in Professional Psychology, 4*, 227-234. doi: 10.1037/a0021092

- Bangen, K. J., Vanderveen, J. W., **Veilleux, J.C.**, Kamen, C., & Klonoff, E. A. (2010). The graduate student viewpoint on the internship match imbalance: A 2008 Council of University Directors of Clinical Psychology student survey. *Training and Education in Professional Psychology, 4,* 219-226. doi: 10.1037/a0020111
- Greenstein, J. E., Kassel, J. D., Wardle, M. C., **Veilleux, J. C.**, Evatt, D. P., Heinz, A. J., Roesch, L., Braun, A.R. & Yates, M. C. (2010). The separate and combined effects of nicotine and alcohol on working memory capacity in nonabstinent smokers. *Experimental & Clinical Psychopharmacology, 18*, 120-128.
- **Veilleux, J.C.,** Colvin, P.J., Anderson, J., York, C., & Heinz, A.J. (2010). A review of opioid dependence treatment: Pharmacological and psychosocial interventions to treat opioid addiction. *Clinical Psychology Review, 30,* 155-166.
- **Veilleux**, **J.C.** (2009). Navigating the potential pitfalls of online visibility. *APS Observer* [Student Notebook], 22, 33-35.
- Kassel, J.D., & **Veilleux, J.C.** (2009). Introduction: The complex interplay between substance abuse and emotion. In J. Kassel (Ed.), *Substance Abuse and Emotion*. Washington, D.C.: American Psychological Association.
- Kassel, J.D., Hussong, A.M., Wardle, M.C., **Veilleux, J.C.,** Heinz, A.J., Greenstein, J.E., & Evatt, D.P. (2009). Affective influences in drug use etiology. In L. Scheier (Ed). *Handbook of Drug Use Etiology* (pp. 183-205). Washington, D.C.: American Psychological Association.
- Heinz, A.J., **Veilleux, J.C.,** & Kassel, J.D. (2009). The role of cognitive structure in college student problem drinking. *Addictive Behaviors*, *34*, 212-218.
- Kassel, J.D., Evatt, D.P., Greenstein, J.E., Wardle, M.C., Yates, M.C., & **Veilleux, J.C.** (2007). The acute effects of nicotine on positive and negative affect in adolescent smokers. *Journal of Abnormal Psychology, 116,* 543-553.
- Kassel, J.D., Greenstein, J.E., Evatt, D.P., Wardle, M.C., Yates, M.C., Veilleux, J.C., & Eissenberg, T. (2007). Smoking topography in response to denicotinized and high-yield nicotine cigarettes in adolescent smokers. *Journal of Adolescent Health*, 40, 54-60.
- Kassel, J.D., **Veilleux, J.C.**, Wardle, M.C., Yates, M.C., Greenstein, J.E., Evatt, D.P. and Roesch, L.L. (2007). Negative affect and addiction. In M. al'Absi (Ed.), *Stress and Addiction: Biological and Psychological Mechanisms* (pp. 171-189). London, U.K.: Elsiever Science.
- Kassel, J.D., Weinstein, S., Skitch, S., Veilleux, J.C., Mermelstein, R. (2005). The development of substance abuse in adolescence: correlates, causes, and consequences. In B.L. Hankin and J.R.Z. Abela (Eds.), *Development of Psychopathology: A Vulnerability-Stress Perspective* (pp. 355-384). Thousand Oaks, California: Sage Publications.

## <u>Professional Conference Presentations</u>

- \*indicates mentored graduate student co-author
- +indicates mentored undergraduate student co-author
- **Veilleux, J. C.,** \*Warner, E. A., & \*Baker, D. E. (2020, May). Do beliefs about emotions change during emotional states? Oral presentation submitted for annual meeting of the Association of Psychological Science, Chicago, IL.

- **Veilleux, J.C.** (2020, May). Don't stop believing about emotions: Extending knowledge about how beliefs about emotion influence emotional functioning. Chaired symposium submitted for presentation at the annual meeting of the Association of Psychological Science, Chicago, IL
- **Veilleux, J. C.** (2020, March). Clinic and training program procedures to support the student clinician following a client death. Presentation submitted for the annual Association of Psychology Training Clinics conference, Albuquerque, NM.
- +Heiland, A. M., & Veilleux, J. C. (2020, February). Because you had a bad day: The role of negative affect and justification in self-control failure. Poster to be presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA. Finalist for the 2020 SPSP Undergraduate Poster Competition.
- +Hamaker, A.. \*Schreiber, R., & **Veilleux, J. C.** (2020, February). The role of interpersonal emotion regulation strategies in linking emotional reactivity with perceived invalidation. Poster to be presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.
- +Heiland, A. M.,\*Warner, E. A., \*Chamberlain, K. D., \*Baker, D. E., & **Veilleux, J. C.** (2020, February). Severity of personality dysfunction predicts affect and self-efficacy in daily life. Poster to be presented at the emotion preconference of the Society for Personality and Social Psychology, New Orleans, LA.
- \*Baker, D. E., & **Veilleux**, **J. C.** (2020, February). Justify my love (of pizza): The influence of desire terminology and goal focus on justification to indulge. Poster to be presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.
- +Adams Reimer, L., & **Veilleux, J. C.** (2020, February). Moral foundations of stigma toward mental illness in a religious context. Poster to be presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.
- \*Warner, E., & **Veilleux**, **J. C.** (2020, February). Behavioral Avoidance of Distressing Situations (BADS): Development of a new measure of experiential avoidance. Poster to be presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.
- \*Hill, M. A., +Geels, C., & **Veilleux, J. C.,** (2019, November). The role of motives for negative emotions in the relationship between psychopathic traits and sadomasochistic fantasies. Poster to be presented at the annual conference of the Association for Behavior and Cognitive Therapies, Atlanta, GA.
- \*Skinner, K. D., & **Veilleux, J. C.** (2019, May). Daily emotional dynamics predicting eating behavior in chronic dieters. Oral presentation given at the annual conference of the Association for Psychological Science, Washington, D. C.
- +Heiland, A. & **Veilleux, J. C.** (2019, April). Does the discrepancy between desired and experienced emotions account for the link between distress tolerance and symptoms of psychopathology? Oral presentation given at the annual conference of the Arkansas Symposium for Psychology Students, Conway, AR.
- \*Hill, M. A., & **Veilleux**, **J. C.** (2019, March). The role of sadomasochistic fantasies in the relationship between psychopathic traits and sexual compulsivity. Poster presented at the annual conference of American Psychology-Law Society, Portland, OR.

- **Veilleux, J. C.,** \*Skinner, K. D., \*Hill, M. A., \*Spero, K. D., \*Baker, D. E. (2019, February). Momentary affect predicts fluctuations in self-reported state willpower. Poster presented at the annual conference of the Society for Personality and Social Psychology, Portland, OR.
- \*Baker, D. E. & **Veilleux**, **J. C.** (2019, February). The influence of *want* vs *need* self-talk on self-control in a temptation situation. Poster presented at the annual conference of the Society for Personality and Social Psychology, Portland, OR.
- +Reimer, E., & **Veilleux, J. C.** (2019, February). Religiosity and emotion beliefs and predictors of mental health stigma. Poster presented at the annual conference of the Society for Personality and Social Psychology, Portland, OR.
- \*Chamberlain, K. D., & **Veilleux**, **J. C.** (2019, February). Dismantling a commonly used emotion regulation strategy: Opposite to emotion action. Poster presented at the annual conference of the Society for Personality and Social Psychology, Portland, OR.
- \*Warner, E., & **Veilleux**, **J. C.** (2019, February). Exploring the relationship between perceived maternal invalidation and drinking temptation: The role of action control. Poster presented at the annual conference of the Society for Personality and Social Psychology, Portland, OR.
- **Veilleux, J. C.,** +Praseuth, A., \*Pollert, G. A., \*Hill, M. A., \*Skinner, K. D., \*Baker, D. E., & \*Spero, K. D. (2018). The complex relationships between beliefs about emotion and depressive symptoms. Talk given at the annual conference of the Association for Psychological Science, San Fransisco, CA.
- **Veilleux, J. C.,** \*Skinner, K. D., \*Hill, M. A., \*Pollert, G. A., \*Spero, K. D. & \*Baker, D.E. (2018, May). Not (just) a trait: Distress intolerance changes over time and predicts emotion dysregulation. Talk given at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- \*Skinner, K. D., & **Veilleux, J. C.** (2018, May). Terms of desire: How different are *urge, desire, craving* and *temptation*? Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA
- \*Baker, D. E., & **Veilleux**, **J. C.** (2018, May). Effects of self-talk and goal orientation on dedication of time to a long-term goal versus temptation. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- \*Spero, K. D. & **Veilleux**, **J. C.** (2018, May). Conceptualizing emotional processes predicting maladaptive emotion regulation strategies. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- +Praseuth, A., & **Veilleux**, **J. C.** (2018, May). Implicit theories of emotions versus implicit theories of happiness. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- \*Hill, M. A., & **Veilleux, J. C.** (2018, May). Don't fight it, justify it: Justification facilitates self-control failure. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- +Squires, A. & **Veilleux**, **J. C.** (2018, May). Nicotine dependence predicts abstinence self-efficacy via perceived consequences of smoking while moderated by length of most recent quit attempt. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

- +Holiman, C. R., \*Hill, M. A., & **Veilleux, J. C.** (2018). The role of recent changes in anhedonia mediating the relationship between trait loss of pleasure and features of borderline personality disorder. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- \*Pollert, G. A., & **Veilleux**, **J. C.** (2018, April). Complications in the measurement of dietary restraint. Paper to be presented at the Midwest Psychological Association, Chicago, IL.
- \*Skinner, K. D., \*Pollert, G. A. & **Veilleux**, **J.C.** (2017, May). Attentional bias modification in restrained and unrestrained eaters: Learning how attention becomes biased. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- +Lankford, N. M., & **Veilleux**, **J. C.** (2017, May). Affecting how you feel: Individual differences in affect balance predict emotions in daily life. Poster to be presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- +Burke, K. H., \*Skinner, K. D. & **Veilleux, J.C.** (2017, May). 'Minding' the gap: How beliefs about emotions may bridge the relationship between mindfulness and hazardous drinking. Poster to be presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- +Collins, A. C., \*Hill, M. A. & **Veilleux, J.C.** (2017, May). How intolerance of uncertainty and emotional reactivity link trait anhedonia and suicidality. Poster to be presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- \*Spero, K. D., \*Baker, D. E., & **Veilleux, J.C.** (2017, May). Emotion dysregulation, mindfulness, and psychopathology: A transdiagnostic view. Poster to be presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- \*Baker, D. E., \*Spero, K. D., & **Veilleux, J.C.** (2017, May). Linking emotional reactivity and hazardous alcohol use: A serial mediation model. Poster to be presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- +Collins, A. C., +Walker, A. P., & **Veilleux, J. C.** (2017, April). Uncontrolled eating: A mediating factor between impulse control difficulties and binge eating. Oral presentation at the annual meeting of Arkansas Symposium for Psychology Students, Conway, AR.
- **Veilleux, J. C.** & \*Skinner, K. D. (2017, March). Separating craving to cues from presentation of cues in predicting self-control for both smokers and drinkers. Poster presented at the annual meeting of the Collaborative Perspectives on Addiction, Albuquerque, NM.
- +Walker, A. P., & **Veilleux**, **J. C.** (2016, October). Emotion constraint: A mediating factor between belief in powerful others and impulsivity. Poster presented at the annual meeting of the Arkansas Psychological Association, Conway, AR.
- **Veilleux, J. C.** (2016, October). Distress intolerance: Novel approaches with transdiagnostic implications. Symposium chaired at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- **Veilleux, J. C.,** \*Pollert, G. A., Zielinski, M. J., \*Shaver, J. A., & +Hill, M.A. (2016, October). Tolerance to negative emotional images. Oral presentation at the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Hill, M. A., & **Veilleux**, **J. C.** (2016, October). Different when distressed: The effect of mood and self-regulation symptoms on emotion beliefs. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- \*Pollert, G. A., & **Veilleux**, **J. C.** (2016, October). A tale of two constructs: Brief measures of dietary restraint. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Skinner, K. D., & **Veilleux, J. C.** (2016, October). Restrained eating and self-control in bulimia nervosa: Facets of emotional dysregulation as unique mediators. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Shaver, J. A., & **Veilleux, J. C.** (2016, October). Acceptance as change: Comparing the effects of self-validation and distancing in a healthy sample. Poster presented at the the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Zielinski, M. J. & **Veilleux**, **J. C.** (2016, October). Validation of the Perceived Invalidation of Emotion Scale (PIES). Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Shaver, J. A., \*Pollert, G. A., & **Veilleux, J. C.** (2016, October). Comparing the effects of self-validation and distancing in a healthy sample. Oral presentation given at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Chamberlain, K.D., +Lankford, N. M., & **Veilleux, J. C.** (2016, October). Emotional reactivity and emotion dysregulation: The importance of beliefs about emotion. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Zielinski, M. J., **Veilleux, J. C.,** & Reese, E. D. (2016, October). Does emotion invalidation cause emotion dysregulation? Oral presentation given at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Baker, D. E., Edmonds, K., Kosloff, S., & **Veilleux, J. C.** (2016, October). Dispositional predictors of vulnerability among substance abusers entering long-term residential treatment. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Zielinski, M. J. & **Veilleux**, **J. C.** (2016, May). The perceived invalidation of emotion scale (PIES): Development and psychometric properties. Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL.
- \*Chamberlain, K. D., & **Veilleux**, **J. C.** (2016, May). Grit and desire: What does impulsivity have to do with it? Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL.
- +Hill, M. A, \*Zielinski, M. J., & **Veilleux, J. C.** (2016, May). Dwell a little longer: Rumination as a partial mediator between borderline features and acquired capability for suicide. Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL.
- Dunaway, M., Salem, T., Kilgore, J., **Veilleux, J. C.**, & Winer, E. S. (2016, May). Investigating longitudinal relationships between action control and emotion and regulation beliefs. Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL.
- \*Baker, D. E., & **Veilleux**, **J. C.** (2016, May). How want, need, and should word framing influences desire strength for health goals and temptations. Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL.

- **Veilleux, J. C.,** \*Skinner, K. D., \*Pollert, G. A., \*Chamberlain, K.D., & \*Baker, D.E. (2016, May). Desire to smoke and desire to quit: How goal conflict relates to self-regulation in cigarette smokers. Oral presentation at the annual meeting of the Association of Psychological Science, Chicago, IL.
- **Veilleux, J.C.** (2016, May). The siren call of substance use: Examining addictive behaviors from a self-regulation framework. Symposium chaired at the annual meeting of the Association of Psychological Science, Chicago, IL
- \*Skinner, K. D., & **Veilleux, J. C.** (2016, May). A manipulation of effortful cognition to control dietary restraint: Cognitive restriction and goal-conflict as mechanisms underlying the disinhibition effect of eating behavior. Oral presentation at the annual meeting of the Association of Psychological Science, Chicago, IL.
- Salomaa, A. C., & **Veilleux, J. C.** (2016, January). Ethnicity and anxiety: The influence of emotion regulation beliefs. Poster presented at the Emotion Preconference at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- +Sprute, H., \*Pollert, G. A., & **Veilleux, J. C.** (2016, January). The effects of mindfulness on restrained eating through the lens of the goal conflict model of eating behavior. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- **Veilleux, J. C.,** Funkhouser, E. M. (2015, December). Temptation and the self: Acceptance versus alienation as influencing self-control. Oral presentation at the Philosophy and Science of Self-Control Conference in Tallahassee, Florida.
- +Hill, M. A., \*Zielinski, M. J., & **Veilleux, J. C.** (2015, November). Differences in psychopathology and quality of life in a sample of individuals with a history of suicide and/or self-injury. Poster presented at the Student Special Interest Group Expo annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
- \*Shaver, J. A., **Veilleux, J. C.,** & \*Pollert, G. A. (2015, November). I think, therefore I react: Testing a new model of acceptance. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Chicago, IL.
- \*Pollert, G. A., & **Veilleux**, **J. C.** (2015, November). How ego-depletion affects eating behavior; an investigation into the role of attentional bias. Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
- \*Skinner, K. D., & **Veilleux, J. C.** (2015, November). Self-regulation in the context of eating pathology: Does asking about craving when exposed to food temptation influence general self-control? Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
- +Hill, M. A., +Webb, D., \*Skinner, K. D., & **Veilleux, J. C.** (2015, November). Grit and bear it! Hedonic deficits mediate the relationship between grit, suicidal behavior, and self injury. Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
- +Warner, E. A., \*Skinner, K. D., \*Baker, D.E., \*Chamberlain, K.D., & **Veilleux, J. C.** (2015, November). Considering the distinction between cue exposure and response to cues on subsequent lack of self control. Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
- Reese, E. D., & **Veilleux**, **J. C.** (2015, November). Self-regulatory and emotion-related predictors of risky behavioral outcomes: Comparisons across smoking, drinking, self-harm frequency and binge eating.

- Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
- Lovett, D. E., Ham, L. S., & **Veilleux, J. C.** (2015, November). Psychometric evaluation of a standardized set of alcohol cue photographs to assess craving. Poster presented at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, IL.
- +Johnson, B. M., \*Skinner, K. D. & **Veilleux, J. C.** (2015, October). Self-control: A mediating factor in the relationship between expressive suppression and disordered eating. Poster presented at the annual meeting of the Arkansas Psychological Association, Little Rock, AR.
- Rojas, S. M., \*Skinner, K. D., & **Veilleux, J. C.** (2015, October). Disordered eating symptomatology and risk for suicidal behavior: The role of experiential avoidance. Poster presented at the 2nd annual IASR/AFSP International Summit on Suicide Research, New York City, NY.
- +Wood, J. D., +Warner, E., & **Veilleux, J. C.** (2015, May). "Can't stop drinking about you": Why self-criticism and awareness may be the key between thought suppression and hazardous drinking. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.
- +Martin, D. P., +Pham, A. T., & **Veilleux, J. C.** (2015, May). Expect good things when it comes to smoking cessation: Smoking abstinence expectancies mediate the relationship between nicotine withdrawal symptoms and relapse vulnerability. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.
- +Mobley, A. M., +Webb, D., & **Veilleux, J. C.** (2015, May). The role of rumination, behavioral avoidance and hedonic deficit in the relationship between emotion reactivity and depression. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY. **Awarded Honorable Mention (\$50) in the 2015 APS Student Caucus Research Award competition.**
- +Pham, A. T., +Warner, E. A., & **Veilleux, J. C.** (2015, April). Examining experiential avoidance as a mediator between internalized self-criticism and loneliness. Poster presented at the annual meeting of the Southwestern Psychological Association meeting, Wichita, KS.
- **Veilleux, J.C.** (2015, March). Implications for self-regulation of responses to cues across alcohol, food, and smoking cues. Symposium chaired at the first International Convention of Psychological Science, Amsterdam, The Netherlands.
- **Veilleux, J. C.,** & \*Skinner, K. D. (March, 2015). Are you craving? The separate effects of visual cue exposure from reporting cue-reactive responses across smoking, alcohol and food cues. Paper presented at the first International Convention of Psychological Science, Amsterdam, The Netherlands.
- \*Skinner, K. D., & **Veilleux, J. C.** (March, 2015). Restraint: A cognitive process or individual difference factor? A manipulation of restrained cognitive focus for unrestrained eaters. Poster presented at the first International Convention of Psychological Science, Amsterdam, The Netherlands.
- +Pham, A. P., \*Skinner, K. D., & **Veilleux**, **J. C.** (March, 2015). Difficulties in emotion regulation as a mediator between emotion reactivity and eating disorder symptoms. Poster presented at the first International Convention of Psychological Science, Amsterdam, The Netherlands.
- +Kaufmann, A. \*Skinner, K. D., & **Veilleux, J. C.** (March, 2015). Emotional clarity and non-acceptance: Key features explaining the relationship between restrained eating and borderline personality features in healthy and suicidal populations. Poster presented at the first International Convention of Psychological Science, Amsterdam, The Netherlands.

- Salomaa, A. & **Veilleux, J. C.** (March, 2015). Sexual minority status moderates the impact of beliefs about emotion on anxiety. Poster presented at the first International Convention of Psychological Science, Amsterdam, The Netherlands.
- \*Pollert, G. A., & **Veilleux**, **J. C.** (February, 2015). The differential effect of attention toward reward on eating behavior between depleted and non-depleted individuals. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA. *Winner of SPSP Travel Award* (\$500).
- +Mobley, A. M., +Bhagat, C., \*Skinner, K. D., & **Veilleux, J. C.** (November, 2014). Drinker status moderates the effect of beliefs about emotion on the relationship between access to emotion regulation strategies and alcohol dependence. Poster presented at the Substance Use Special Interest Group (SIG) at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA
- +Webb, D. J., \*Shaver, J. A., & **Veilleux**, **J. C.** (November, 2014). Does psychological flexibility mediate the relationship between intolerance of uncertainty and anxiety? Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Shaver, J. A., & **Veilleux, J. C.** (November, 2014). The link between judging emotions and emotion regulation difficulties: Roles of meta-distress, experiential avoidance, and emotional clarity. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA
- \*Skinner, K. D., +Pham, A. T. & Veilleux, J. C. (November, 2014). Temptation restraint and compulsive drinking: A goal conflict model of alcohol dependence in current smokers and non-smokers. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- +Reese, E. D., & **Veilleux**, **J. C.** (November, 2014). Relationships between cigarette craving beliefs, craving motives, and abstinence self-efficacy differ for regular and light smokers. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- +Kauffman, A. A., \*Skinner, K. D., \*Pollert, G. A., & **Veilleux, J. C.** (November, 2014). A serial mediation model of internalized self-criticism and binge eating: Highlighting the role of restraint, food craving, and experiential avoidance. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- +Sprute, H. J., \*Pollert, G. A., & **Veilleux**, **J. C.** (November, 2014). Does maternal invalidation predict eating disorder diagnoses via self-criticism? Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Zielinski, M. J., & **Veilleux, J. C.** (November, 2014). Rejection sensitivity as a mediator of the relation between borderline features and social support in healthy college students. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Skinner, K. D., & **Veilleux, J. C.** (November, 2014). An online manipulation of restricted cognitive focus about food: Preliminary evidence to suggest dietary restraint may be more than an individual difference. Poster presented at the *From Abstract to Contract* Graduate Research Symposium at the University of Arkansas.

- +Pham, A.T., +Martin, D. P., & **Veilleux**, **J. C.** (October, 2014). Thought suppression: A mediating factor between self-control and distress tolerance. Poster presented at the annual meeting of the Arkansas Psychological Association, Little Rock, AR.
- +Kauffman, A. A., Webb, D. J., & **Veilleux, J. C.** (October, 2014). Regulation and appraisal of distress mediate the relationship between emotion reactivity and difficulties in emotion regulation. Poster presented at the annual meeting of the Arkansas Psychological Association, Little Rock, AR. *Winner of 2<sup>nd</sup> Place Poster Award.*
- +Wood, J. & **Veilleux**, **J. C.** (October, 2014). Mindfulness as a mediator between emotional reactivity and depression or anxiety: The maladaptive consequences of self-critical beliefs. Poster presented at the annual meeting of the Arkansas Psychological Association, Little Rock, AR.
- +Warner, E. A., & **Veilleux, J. C.** (October, 2014). Negative abstinence expectancies as a partial mediator for the relationship between willpower beliefs and self-efficacy for smoking cessation. Poster presented at the annual meeting of the Arkansas Psychological Association, Little Rock, AR.
- Jacobs, S. C., Shen-Miller, D. S., Schwartz-Mette, R., & **Veilleux, J.C.** (2014, August). Intersections of diversity, trainees with competence problems, and faculty responses: Peer views. Paper presented at the American Psychological Association in Washington, D. C.
- +Kauffman, A. A., \*Pollert, G. A., & Veilleux, J. C. (2014, May). Uncontrolled eating mediates the relationship between willpower and emotion beliefs and eating disorder symptoms. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A. *Winner of Psi Chi APS Research Award (\$300)*.
- +Wood, J. M., & Veilleux, J. C. (2014, May). Don't be so hard on yourself! Why self-criticism is the key between behavioral inhibition and depression for people with high emotional reactivity. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A.
- +Pham, A. T., **Veilleux, J. C.**, \*Zielinkski, M. J., Nadorff, M. R., & Winer, E. S. (2014, May). Is anhedonia a mediating factor between depression and suicidal and self-injury ideation? A longitudinal analysis. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A. *Winner of Psi Chi APS Research Award (\$300).*
- +Salomaa, A. C., & **Veilleux**, **J. C.** (2014, May). Beliefs about emotion differentiate clinical and healthy groups. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A.
- +Reese, E. D., & **Veilleux**, **J. C.** (2014, May). Negative urgency predicts cigarette craving via craving beliefs. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A.
- Carter, C. A., McCracken, K., Swinea, J., Nadorff, M. R., **Veilleux, J. C.,** & Winer, E. S. (2014, May). Development and reliability of a shortened version of the Specific Loss of Interest and Pleasure Scale. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A.
- Salem, T., Nadorff, M. R., Veilleux, J. C., & Winer, E. S. (2014, May). Both positive and negative affective symptoms of depression relate to anhedonic changes. Poster presented at the 26th annual Association for Psychological Science convention, San Francisco, CA

- **Veilleux, J.C.** & Bartoszek, G. (2014, May). Emotions extended: Innovative methods assessing specific emotional processes. Symposium co-chaired at the annual meeting of the Association for Psychological Science, San Francisco, C.A.
- Winer, E. S., **Veilleux, J. C.,** Nadorff, M. R., Salem, T., & Swinea, J. (2014, May). The incremental validity of the Specific Loss of Interest and Pleasure Scale (SLIPS). Paper presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A.
- **Veilleux, J. C.,** \*Pollert, G. A., \*Zielinski, M. J., & \*Shaver, J. A. (2014, May). Tolerance of distressing emotional images. Paper presented at the annual meeting of the Association for Psychological Science, San Francisco, C.A.
- \*Pollert, G. A. & **Veilleux**, **J. C.** (2014, May). Symptoms of psychopathology in disordered eating and dietary restraint. Poster presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.
- +Farnam, J. L., \*Pollert, G. A., & **Veilleux, J. C.** (2014, February). Is tolerance of uncertainty responsible for the effect of distress tolerance on binge eating? Poster presented at the Emotion Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Kauffman, A. A., & **Veilleux**, **J. C.**, (2014, February). The interactive effects of emotion constraint beliefs and experiential avoidance on symptoms of psychological distress. Poster presented at the Emotion Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Sosna, K. U., +Swank, N. H., & **Veilleux, J. C.** (2014, February). Intolerance of uncertainty moderates the relationship between internalized self-criticism and limited emotion regulation strategies. Poster presented at the Emotion Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Reese, E. D., & **Veilleux**, **J. C.** (2014, February). Action control theory moderates the relationship between emotion regulation and alcohol use. Poster presented at the Self-Regulation Pre-Conference of annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Skinner, K. D., & **Veilleux, J. C.** (2014, February). Temptation restraint and compulsive drinking behavior: Empirical support for a goal-conflict model of addiction. Poster presented at the Self-Regulation Pre-Conference of annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- \*Pollert, G. A., **Veilleux, J. C.,** & Winer, E. S. (2014, February). Action control mediates the link between willpower beliefs and psychopathology symptoms. Poster presented at the Self-Regulation Pre-Conference of annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- **Veilleux, J. C.,** +Salomaa, A. C., \*Shaver, J. A., \*Zielinski, M. J., & \*Pollert, G. A. (2014, February). Emotional beliefs beyond controllability. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Sosna, K. U., & **Veilleux**, **J. C.** (2014, February). Do men and women differ in distress tolerance to interpersonal violence, disgust and neglected children? Poster presented at annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- \*Pollert, G. A., & **Veilleux**, **J. C.** (2014, February). The effect of willpower and emotional beliefs on self-control and binge eating. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

- +Skinner, K. D., +Scharlau, M., \*Zielinski, M. J., & **Veilleux**, **J. C.** (2014, February). Positive urgency and approach motivation: A trait interaction predicting food craving. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- +Reese, E. D., & **Veilleux**, **J. C.** (2014, February). Facets of mindfulness mediate behavioral inhibition systems and emotion regulation. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Bell, D., Christoff, K. A., Antony, M., Cox, L. E., Hansen, D. J., Prinstein, M., & Veilleux, J.C. (2013, November). Getting in and succeeding in graduate school in clinical psychology. Panel discussion at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
- \*Shaver, J. A., +Salomaa, A. C., & **Veilleux, J. C.** (2013, November). I judge, therefore I react: An individual difference model of acceptance. Poster to be presented to the Student Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- +Kauffman, A. A. & **Veilleux**, **J. C.** (2013, November). Fearing depression mediates the relationship between emotional reactivity and cognitive reappraisal. Poster to be presented at the Cognitive Therapy Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- +Wood, J. M. & **Veilleux**, **J. C.** (2013, November). How emotion regulation and beliefs about emotion influence symptoms of psychological distress. Poster to be presented to the Student Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN. [Winner of best poster award from the Student SIG]
- \*Shaver, J. A., \*Zielinski, M. J., **Veilleux, J. C.,** & Henrie, J. L. (2013, November). Mindfulness as a mediator of the association between childhood maltreatment, emotion coaching, and adult emotion dysregulation. Poster to be presented at the Parenting Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- +Reese, E. D., \*Pollert, G. A., & **Veilleux, J. C.** (2013, November). Gender moderates the effect of self-control on the relationship between implicit beliefs about willpower and binge eating behavior. Poster submitted for presentation to the Women's Issues Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- Ginger, E. J., **Veilleux, J. C.,** & Winer, E. S. (2013, November). Validation of the SLIPS-Trait subscale of the Specific Loss of Interest and Pleasure Scale. Poster to be presented at the Clinical Research Methods and Statistics Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- **Veilleux, J. C.,** \*Pollert, G. A., \*Zielinski, M. J., & \*Shaver, J. A. (2013, November). Distressing slide viewing: A new laboratory task measure of distress tolerance. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- Salem, T., Winer, E. S., Nadorff, M. R., Fanning J. R., **Veilleux, J. C.**, & Helms, A. (2013, November). Recent changes in anhedonia account for the relationship between depression and antisocial behaviors. Poster to be presented at the 47th annual Association for Behavioral and Cognitive Therapies convention, Nashville, TN.
- Salem, T., Winer, E. S., Nadorff, M. R., Fanning J. R., **Veilleux, J. C.**, & Helms, A. (2013, November). Recent changes in anhedonia are related to self-directed aggression when accounting for other symptoms of depression. Poster to be presented at the 47th annual Association for Behavioral and Cognitive Therapies convention, Nashville, TN.

- +Salomaa, A. C., & **Veilleux**, **J. C.** (2013, November). Predicting experiential avoidance from beliefs about emotion and regulation. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- +Skinner, K. D., & **Veilleux**, **J. C.** (2013, November). Multidimensional experiential avoidance and psychopathology: Differential facets as unique predictors. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- \*Pollert, G. A., & **Veilleux, J. C.** (2013, November). Male emotional experience predicts body dissatisfaction: The case for distress and emotion regulation. Poster to be presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- \*Zielinski, M. J., +Reese, E. D., +Jewell, A. D., & **Veilleux, J. C.** (2013, November). An experimental investigation of distress tolerance and social problem-solving following emotion validation or invalidation: Implications for borderline personality disorder. Poster to be presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- \*Zielinski, M. J., \*Shaver, J. A., & **Veilleux, J. C.** (2013, June). Gender and nonsuicidal self-injury history predict current levels of depression, anxiety, and alcohol use in college students. Poster to be presented at the International Society for the Study of Self-Injury, Vancouver, Canada.
- Winer, E. S., & **Veilleux**, **J.C.** (2013, May). "I feel bad but I don't know why": How deficiencies in implicit emotion regulation contribute to emotional distress. Symposium co-chaired at the annual meeting of the Association for Psychological Science, Washington, D.C.
- **Veilleux, J. C.,** +Salomaa, A. C., \*Shaver, J. A., \*Zielinski, M. J., & \*Pollert, G. A. (2013, May). Emotions made me do it! Implicit beliefs about emotion influence emotional experience and emotion regulation. Paper presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Salem, T., Nardroff, M., Fanning, F., **Veilleux, J. C.,** Helms, A., & Berman, M. (2013, May). Recent changes in anhedonia account for the relationship between depression and aggression. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- +Skinner, K. D., \*Zielinski, M. J., & **Veilleux, J. C.** (2013, May). Personality traits and alcohol use: self-regulation moderates the relationship between extroversion and hazardous drinking. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- +Salomaa, A. C., \*Shaver, J. A., & **Veilleux, J. C.** (2013, May). Mindfulness as a mediator between emotion-driven beliefs and psychological distress. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- +Sosna, K. U., & **Veilleux**, **J. C.** (2013, May). Perfect is as perfect does: Self-regulation mediates the relationship between perfectionism and anxiety symptoms. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- +Reese, E. D., \*Pollert, G. A., \*Shaver, J. A., & **Veilleux, J. C.** (2013, May). Examining the role of emotion dysregulation as a mediator of the affect lability and binge eating relationship. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Lammers, B., & **Veilleux, J. C.** (2013, April). Getting in to graduate school. Panel discussion at the annual meeting of the Arkansas Symposium for Psychology Students, Conway, AR.

- +Reese, E. D., \*Pollert, G. A., \*Shaver, J. A., & **Veilleux, J. C.** (2013, April). Emotional and self-regulatory predictors of binge eating behavior. Paper orally presented at the annual meeting of the Arkansas Symposium for Psychology Students, Conway, AR.
- +Skinner, K. D., \*Shaver, J. A., & **Veilleux, J. C.** (2013, April). The role of emotion regulation strategies in explaining the link between affect intensity and drinking to cope. Paper orally presented at the annual meeting of the Arkansas Symposium for Psychology Students, Conway, AR.
- +Salomaa, A. C., **Veilleux, J. C.,** \*Shaver, J. A., \*Zielinski, M. J., & \*Pollert, G. A. (2013, April). Too upset to regulate: Predicting clinical outcomes through emotion beliefs. Paper orally presented at the annual meeting of the Arkansas Symposium for Psychology Students, Conway, AR.
- +Sosna, K. U., **Veilleux, J. C.**, & \*Zielinski, M. J. (2013, April). On the order of things: When order and measurement matter in laboratory emotion inductions. Paper to be presented at the annual meeting of the Arkansas Symposium for Psychology Students, Conway, AR.
- +Reese. E. D., \*Shaver, J. A., & **Veilleux, J. C.** (2013, January). Testing experiential avoidance as a mediator of the depression and drinking to cope relationship. Poster presented at the Emotion Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- +Skinner, K. D., \*Shaver, J. A., & **Veilleux, J. C.** (2013, January). Drinking to regulate emotions: A mediation and moderation of affect intensity and drinking to cope. Poster presented the Emotion Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- +Sosna, K. U., \*Zielinski, M. J., & **Veilleux, J. C.** (2013, January). Do temporal perspective and valence differentially influence risky behavior? Poster presented at the Emotion Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- **Veilleux, J. C.,** +Salomaa, A. C., \*Shaver, J. A., \*Zielinkski, M. J., & \*Pollert, G. A. (2013, January). Further validation of the Emotional Agency Scale. Poster presented at the Self-Regulation Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- +Salomaa, A. C., **Veilleux, J. C.,** \*Zielinkski, M. J., \*Shaver, J. A., & \*Pollert, G. A. (2013, January). Development and validation of the Emotional Agency Scale. Poster presented at the Self-Regulation Pre-Conference of the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- **Veilleux, J. C.,** & \*Zielinski, M. J. (2013, January). Order and measurement matter when inducing anticipatory and consummatory positive affect in the laboratory. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Braun, A.R., Conrad, M., Giedgowd, G., Crane, N., Greenstein, J., Colflesh, G. **Veilleux, J.C.**, Heinz, A., & Kassel, J. (November, 2012). The effects of nicotine on selective attention. Poster presented at the Addiction Special Interest Group at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- \*Pollert, G. A.; **Veilleux, J.C.,** & \*Shaver, J. A. (2012, November). The effects of facets within distress tolerance and emotion regulation on binge eating behavior. Poster presented at the Student Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, National Harbor, MD.

- \*Shaver, J. A.,\*Henrie, J. L., \*Zielinski, M. J., **Veilleux, J. C.**, & Petretic, P. A. (2012, November). Childhood maltreatment, attachment, and emotion regulation: The role of emotion coaching by caregivers. Poster presented at the Student Special Interest Group at the annual meeting of the Association for Behavior and Cognitive Therapies, National Harbor, MD.
- +Ginger, E. J., Winer, E. S., & **Veilleux, J. C.** (2012, November). Further validation of the State Loss of Interest and Pleasure Scale (SLIPS). Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, National Harbor, MD.
- \*Zielinksi, M., **Veilleux, J. C.,** & \*Shaver, J.A. (2012, November). Exploring the relationship between frequency of non-suicidal self injury and indices of emotional distress. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, National Harbor, MD.
- \*Shaver, J.A., **Veilleux, J.C.,** & Lohr, J.M. (2012, November). To accept or to non-accept, that is the question: Construct distinctiveness and prediction of experiential avoidance. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, National Harbor, MD.
- Bell, D., Christoff, K. A., Cox, L. E., Hansen, D. J., Antony, M., Prinstein, M., & Veilleux, J.C. (2012, November). Getting in and succeeding in graduate school in clinical psychology. Panel discussion at the annual meeting of the Association of Behavioral and Cognitive Therapie, National Harbor, MD.
- \*Shaver, J. A., \*Fugitt, J. L., \*Zielinski, M. J., **Veilleux, J. C.,** Park, I. J. K., Brown, E. J., & Ham, L. S. (2012, November). Emotion regulation strategies as moderators of the relation between PTSD symptoms and alcohol use in a large multi-site sample of trauma-exposed and potentially alcohol dependent college students. Poster presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- \*Zielinski, M. J., **Veilleux**, **J. C**., & \*Shaver, J. A. (2012, June). Lifetime frequency of nonsuicidal self-injury as a predictor of emotional distress, alcohol problems, and binge eating. Poster presented at the annual meeting of the International Society for the Study of Self-Injury, Chapel Hill, NC.
- Winer, E. S., & **Veilleux**, **J.C.** (2012, May). When positive is negative and vice versa: Counterintuitive findings in emotional information-processing. Symposium co-chaired at the annual meeting of the Association for Psychological Science, Chicago, IL.
- **Veilleux, J.C.,** Conrad, M., & Kassel, J.D. (2012, May). Positive emotional responses in cue-induced cigarette craving. Paper presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- +Tougaw, A., \*Shaver, J.A., & **Veilleux, J. C.** (2012, May). Predicting marijuana motives from affective tendencies and personality traits. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
- Vernig, P. M., Houska, J., Lee, J. K., & **Veilleux, J. C.** (2012, May). Naked Truth Part III: Navigating the Job Market after Graduate School. Panel discussion at the Association for Psychological Science annual meeting, Chicago, IL.
- **Veilleux, J. C.**, Conrad, M., & Kassel, J. D. (2012, March). Mixed emotions and cue-induced cigarette craving. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
- \*Zielinksi, M., & **Veilleux**, **J.C**. (2012, January). Trait anticipatory pleasure and state affect predict risk taking during a laboratory emotion induction procedure. Poster presented at the Emotions Pre-

- Conference at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA
- Bell, D., Christoff, K. A., Cox, L. E., Hansen, D. J., Heimberg, R. G., Prinstein, M., & Veilleux, J.C. (2011, November). Getting in and succeeding in graduate school in clinical psychology. Panel discussion at the annual meeting of the Association of Behavioral and Cognitive Therapies in Toronto, Canada.
- Winer, E. S., **Veilleux, J. C.**, & Ginger, E. (2011, September). Development and validation of the State Loss of Interest and Pleasure Scale (SLIPS). Poster presented at the annual meeting of the Society for Research in Psychopathology, Boston, MA.
- **Veilleux, J. C.**, Conrad, M., Heinz, A. J., & Kassel, J. D. (2010, November). Dynamic emotional responses underlying cigarette craving. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Conrad, M., Kassel, J. D., **Veilleux, J. C.**, Heinz, A. J., Braun, A., & Roesch, L. (2010, November). Stability of emotional response in adolescent smokers and nonsmokers: A longitudinal analysis. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Shaffaee, M.N., & **Veilleux**, **J.C.** (2010, April). Prediction of risky behavior: The interaction between gender and time perspectives. Poster presented at the annual meeting of the Midwest Psychological Association, Chicago, IL.
- **Veilleux, J.C.,** Kassel, J. D., Heinz, A. J., Greenstein, J., Wardle, M., Evatt, D. P., Roesch, L., Braun, A., & Conrad, M. (February, 2010). Puffing behavior across a single cigarette for light adolescent smokers is influenced by nicotine dependence, depression and anxiety. Poster presented at the annual meeting of the Society for Research on Nicotine & Tobacco, Baltimore, MD.
- Heinz, A.J., Kassel, J.D., **Veilleux, J.C.**, Braun, A., Conrad, M., Greenstein, J., Evatt, D., Wardle, M., Roesch, L., and Mermelstein, R. (February, 2010). The acute effects of cigarette smoking on negative affect moderates nicotine dependence over time in adolescents. Orally presented at the annual meeting of the Society for Research on Nicotine & Tobacco, Baltimore, MD.
- **Veilleux, J.C.,** January, A., VanderVeen, J., & Reddy, F. (February, 2010). Student perspectives on peers with problems in professional functioning. Orally presented at the annual midwinter meeting of the Council of Directors of Clinical Psychology, Orlando, FL.
- VanderVeen, J., Reddy, F., **Veilleux, J.C.**, & January, A. (February, 2010). Student expectations and perspectives regarding the quality and quantity of their scientist-practitioner training. Orally presented at the annual midwinter meeting of the Council of Directors of Clinical Psychology, Orlando, FL.
- Winer, E. S., Cervone, D., Caldwell, T., Fiori, M. Tripathi, R., **Veilleux, J. C.,** & Barwacz, D. (2010, January). Unconscious thoughts? Mood, not level of consciousness predicts decision quality. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Veilleux, J. C., Kassel, J. D., Wardle, M. C. Heinz, A. J., Greenstein, J., Evatt, D. P., Braun, A., Roesch, L., Segawa E. & Berbaum, M. L. (2009, October). Cigarette smoking reduces negative affect in adolescent smokers: Concordance across self-report and psychophysiological measures. Poster to be presented at the annual meeting of the Society for Psychophysiological Research, Berlin, Germany.

- Heinz, A.J., Kassel, J.D., **Veilluex, J. C.,** Braun, A., Wardle, M.C., Greenstein, J., Roesch, L., Evatt D., Yates, M., & Drobes, D.J. (2009, June). The separate and combined effects of alcohol and nicotine interact with drug-related negative affect reduction expectancies to predict startle reflex in response to a stressor. Poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.
- Braun, A.R., Kassel, J.D., Wardle, M.C., **Veilleux, J.C.**, Heinz, A.J., Evatt, D.P., Greenstein, J.E., & Yates, M.C. (2009, June). The synergistic effects of alcohol and nicotine on self-reported anxiety. Poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.
- **Veilleux, J.C.,** Behar, E. & Kassel, J.D. (2009, May). Inducing specific positive emotions in the laboratory: Differentiation of excitement and relaxation. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- **Veilleux, J.C.** & Kassel, J.D. (2009, February). Individual differences in trait anxiety, self-focused attention and negative mood regulation expectancies predict coping and affective symptoms. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Kamen, C., **Veilleux, J.C.,** Bangen, K., & Vanderveen, J. (2009, January). Students and the stairway to competency: A CUDCP Student Survey Report. Orally presented at the annual mid-winter meeting of the Council of University Directors of Clinical Psychology, Albuquerque, NM.
- Bangen, K., Vanderveen, J., Kamen, C., & Veilleux, J.C. (2009, January). The student viewpoint on the internship match imbalance. Orally presented at the annual mid-winter meeting of the Council of University Directors of Clinical Psychology, Albuquerque, NM.
- Roesch, L.L., Kassel, J.D., Greenstein, J.E., Wardle, M.C., Evatt, D.P., **Veilleux, J.C.,** & Heinz, A.J. (2008, October). Emotional responsiveness to affective stimuli: Aggression in adolescence. Poster presented at the annual meeting of the Society for Psychophysiological Research, Austin, TX.
- Salerno, J., **Veilleux**, **J.C**., & Bottoms, B. (2008, March). How do jurors reason about science? Poster presented at the annual meeting of the American Psychology-Law Society, Jacksonville, FL.
- Kassel, J.D., Evatt, D.P., Wardle, M.C., **Veilleux, J.C.**, Greenstein, J.E., Heinz, A.J., Yates, M.C., Roesch, L. (2008, March). Does smoking a cigarette exert acute effects on emotional response in adolescent smokers? In R. Mermelstein (Chair), Social-Emotional Contexts of Adolescent Smoking Patterns. Paper presented at the 12<sup>th</sup> Bienneial meeting of the Society for Research on Adolescence, Chicago, IL.
- Kassel, J.D., Greenstein, J.E., Wardle, M.C., Heinz, A.J., **Veilleux, J.C.,** Evatt, D.P., Roesch, L., & Yates, M.C. (2008, February). The acute effects of cigarette smoking on self-report and psychophysiological measures of affect in adolescent smokers. In R. Mermelstein (Chair), Integrating Laboratory, Field and Observational Methods to Examine the Social-Emotional Contexts of Adolescent Smoking. Paper presented at the 14<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco, Portland, OR.
- Greenstein, J. E., Kassel, J. D., Wardle, M. C., **Veilleux, J. C.**, Evatt, D. P., Heinz, A. J., Roesch, L., & Yates, M. C. (2008, February). The acute effects of nicotine on working memory performance in non-abstinent smokers. Poster presented at the 14th annual meeting of the Society for Research on Nicotine and Tobacco, Portland, Oregon.
- **Veilleux, J.C.**, & Kassel, J.D. (2008, February). Core affect trajectories in a laboratory study: a comparison of two assessment tools. Poster presented at the Emotions Pre-Conference at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM

- Bottoms, B. L., **Veilleux, J. C.,** Stevenson, M. C., & Mitchell, T. S. (2008, February). Effects of jurors' sexual experience and attitudes on jurors' judgments in child sexual abuse cases. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- **Veilleux, J.C.,** Kassel, J.D., Wardle, M.C., Yates, M.C., Roesch, L., & Drobes, D.J. (2007, October). Combined effects of alcohol and nicotine on acoustic startle reflex in response to a social stressor. Poster presented at the annual meeting of the Society for Psychophysiological Research, Savannah, G.A.
- Evatt, D.P., Kassel, J.D., Greenstein, J.E., Wardle, M.C., **Veilleux, J.C.,** Rosech, L., & Mermelstein, R (2007, October). The effects of smoking on heart rate response to emotionally valenced slides in adolescent smokers. Poster presented at the annual meeting of the Society for Psychophysiological Research, Savannah, G.A.
- **Veilleux, J.C.,** Kassel, J.D., Roesch, L., Heinz, A., & Wardle, M.C. (2007, May). Using cognitive appraisals to better understand laboratory emotion induction. Poster presented at the annual meeting of the Association for Psychological Science, Washington D.C.
- **Veilleux, J.C.,** Kassel, J.D., Roesch, L., & Heinz, A. (2007, January). Is all Positive Affect the Same? Differentiating Between Two Positive Emotion Induction Procedures. Poster presented at the Emotion Pre-conference at the annual meeting of the Society for Personality and Social Psychology, Memphis, TN.
- Kassel, J.D., Wardle, M.C., Yates, M.C., **Veilleux, J.C.,** Evatt, D.P., Greenstein, J.E., Roesch, L.L., & Mermelstein, R.J. (2006, November). Emotional reactions in adolescents: A prospective study using startle eye-blink response to affective pictures. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Marlatt, G.A., **Veilleux**, **J.C**. (2006, November). Harm Reduction Therapy for Active Drug Users. Clinical Grand Rounds presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- **Veilleux, J.C.,** Kassel, J.D. (2006, November). Disentangling the Relationship Between Negative Mood Regulation, Coping Styles, Depression, and Anxiety. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- **Veilleux, J.C.,** Kassel, J.D. (2006, May). Positive affect induction with anticipatory focus. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.
- Bottoms, B. L., Najdowski, C. Stevenson, M.C., & Veillieux J.C. (2006, March). The scholarship of teaching in the field of psychology and law. In B. M. Schwartz (Chair), Pedagogical approaches in the psychology and law classroom. Symposium at the annual meeting of the American Psychology/Law Society, Tampa, FL.

## **Teaching Experience and Invited Presentations**

### **Graduate Courses**

Clinical Seminar: Emotion in Psychotherapy (Instructor; Fall 2016)

Clinical Practicum Special Topic: Supervision & Consultation (Instructor; Spring 2015; Fall 2015; Fall 2016; Spring 2018, Fall 2018)

Clinical Practicum (Instructor; Summer 2012-Fall 2012; Summer 2013; Spring 2015; Summer 2015; Summer 2016)

Personality Theory & Assessment (Instructor, Spring 2015; Spring 2016; Spring 2017; Spring 2018; Fall 2019)

Personality Theory and Disorder (Instructor; Spring 2012, 2013)

Practicum in Psychological Assessment (Graduate Assistant; Fall 2008-Spring 2009)

Clinical Interviewing (Graduate Assistant; Fall 2006; Fall 2007)

## **Undergraduate Courses**

Personality Psychology [ONLINE] (Instructor; Fall 2017)

Abnormal Psychology (Instructor, Fall 2013, Spring 2019)

Advanced Seminar: Emotion and Self-Regulation (Instructor; Spring 2014; Fall 2015; Spring 2016; Spring 2017; Fall 2019)

Introduction to Statistics for Psychologists (Instructor; Fall 2011-Spring 2012; Intersession May 2015; Intersession January 2016; Intersession May 2016; Intersession May 2017; Intersession January 2018; Intersession January 2019; Intersession May 2019)

Psychology of Interviewing (Instructor; Fall 2008; Fall 2013)

Research Literacy (Instructor; Spring 2019)

Research Methods (Instructor; Spring 2008; Fall 2009; Fall 2012; Spring 2013; Summer 2013)

Advanced Statistics (Lab Instructor; Fall 2007; Spring 2009; Spring 2010)

## **Teaching Grants Awarded**

Primary Investigator [Veilleux, J.C. (P.I.), Chapman, K. M. (Co-I). Development and Validation of a Concept Inventory to Assess Research Methods and Statistical Knowledge. (July, 2014; Society for the Teaching of Psychology/Psi Ci Assessment Resource Grant: \$2000).

Primary Investigator [Veilleux, J.C. (P.I.), Chapman, K. M. (Co-I). Assessment of Research Methods and Statistical Knowledge. (October, 2013; University of Arkansas Teaching and Faculty Support Center Research in Teaching Grant: \$4490).

## **Teaching Grants Submitted**

Co-Investigator [Chapman, K. M. (P.I.), & Veilleux, J. C. (Co-I). Research Methods Teaching. (October, 2013; University of Arkansas Teaching and Faculty Support Center Teaching Improvement Grant: \$2000).

Co-Investigator [Beike, D. (P.I.), & **Veilleux**, **J. C.** (Co-I). *Development of Careers in Psychology Course.* (October, 2013; University of Arkansas Teaching and Faculty Support Center Teaching Improvement Grant: \$2000).

### **Teaching Conference Presentations**

**Veilleux, J. C.,** & Chapman, K. M. (2015, March). Development of a concept inventory to assess research methods and statistical knowledge. Poster presented at the inaugural meeting of the International Convention of Psychological Science, Amsterdam, The Netherlands.

**Veilleux, J. C.** & Chapman, K. M. (2014, January). Assessment of research methods and statistical knowledge. Participant idea exchange moderated at the annual meeting of the National Institute on the Teaching of Psychology, St. Petersburg, FL.

**Veilleux, J. C.** (2014, January). A single construct approach to teaching research methods skills. Poster presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Petersburg, FL.

Chapman, K. M., & Veilleux, J. C. (2014, January). The effect of mid-semester evaluations on student satisfaction in a research methods course. Poster presented at the annual meeting of the National Institute on the Teaching of Psychology, St. Petersburg, FL.

## **Teaching Materials Created**

**Veilleux, J. C.,** & Karlsson, M. E. (2013). Teaching for psychology trainees. Packaged presentation (lecture, notes, learning objectives, learning outcome assessment) prepared for the Veterans Affairs Psychology Training council, to be used in didactics for internship and postdoc seminars.

#### **Invited Addresses and Guest Lectures**

- Veilleux, J. C. (October, 2017). *Idiographic emotion conceptualization*. Guest didactic workshop for current pre-doctoral psychology interns at the Albuquerque VA, Albuquerque, NM.
- Veilleux, J. C. (April, 2017). "I want it!" Motivational processes associated with craving. Department colloquium at Mississippi State University.
- Veilleux, J. C. (April., 2017). Beliefs about emotion and capabilities for tolerating distress: Stable individual differences or shifting across context? Psi Chi talk given at Mississippi State University.
- Sandeen, E., & Veilleux, J. C. (January, 2013). *Empirically-supported principles vs. empirically-supported treatments*. Guest didactic workshop for current pre-doctoral psychology interns at the Albuquerque VA, Albuquerque, NM.
- Veilleux, J. C. (September, 2015). *Interpersonal effectiveness*. Guest lecture delivered to a University Perspectives course, University of Arkansas.
- Veilleux, J. C. (July, 2015). *Cognition in Psychotherapy*. Guest lecture delivered to a Cognitive Psychology course, University of Arkansas.
- Veilleux, J. C. (May, 2012). *Responding to Emotions*. Invited workshop presented as part of Synergy series of National Board for Certified Counselors (N.B.C.C.) continuing education seminars for local licensed professional counselors. Favetteville, AR.
- Veilleux, J. C., & Shaver, J. A. (March, 2012). *The essence of Dialectical Behavior Therapy (DBT)*. Guest lecture delivered to staff at the Counseling and Psychological Services center, University of Arkansas.

#### **Master's Theses Directed**

Danielle Baker, M. A. *How want vs need self-talk facilitates goal directed behavior.* Defended November 2017.

Morgan Hill, B.A. Justification effects on mood and self-control. Defended September 2018.

Garrett Pollert, M. A. The role of attention in ego-depletion. Defended December 2014.

Kayla Skinner, M. A. A manipulation of cognitive restriction and goal-conflict: Mechanisms underlying the disinhibition effect of eating behavior. Defended December 2015.

Kaitlyn Chamberlain, M.A. *Turn that frown upside-down! The effectiveness of opposite action in changing emotion.* Defended March 2019.

Elise Warner, M. A. *The influence of beliefs about emotion on avoidance behaviors*. Proposed September 2019.

Melissa Zielinski, M.A.: Emotional invalidation in the laboratory setting: Emotion regulation in a healthy sample of college students and implications for the development of borderline personality disorder. Defended April 2013.

#### **Dissertations Directed**

Garrett Pollert, Ph.D.: Long-term focus of attentional biases. Defended May 2018.

Jennifer Shaver, Ph.D.: *I judge, therefore I react: An experimental investigation of acceptance.*Defended June 2015.

Kayla Skinner, M.A.: Dynamics of momentary perceived self-regulation abilities as novel predictors of overeating. Defended May 2019.

Melissa Zielinski, Ph.D.: The Perceived Invalidation of Emotion Scale (PIES): Development and psychometric properties. Defended May 2016.

## **Undergraduate Honors Theses Directed**

Alicia Kauffman: Tolerating discomfort and distress until depleted to desire: The effects of distress tolerance on eating behavior for restrained and unrestrained eaters. Defended November 2014.

Ally Heiland: "I feel bad, so I deserve a treat": The influence of negative affect on justification thinking and self-regulation failure. Proposed March 2019.

Natalie Lankford: Balancing act: How affect balance disposition influences daily emotional experience. Defended April 2017.

- Daniel Martin: The smoker's side of the cigarette: How participant-led data can provide new insight to smoking research. Defended April 2016.
- Amanda Praeseuth: *Implicit theories of emotions and happiness: How they differ and what they predict.* Defended April 2018.
- Elizabeth Reimer: I believe that Satan has ahold of you: Religious conviction and beliefs about emotion predict stigma toward mental illness. Defended April 2019.
- Anna Salomaa: Expanding understanding of emotion beliefs: Exploring psychological distress, state negative affect, distress tolerance depletion and parental beliefs. Defended April 2014.
- Kayla Skinner: Personality, drinking motives and emotion regulation: Independent predictors of alcohol use across the lifespan. Defended April 2014.
- Hanna Sprute: The effects of mindfulness techniques on restrained eating through the lens of the goal conflict model of eating behavior. Defended April 2016.
- Austin Squires: Redefining smoking quit attempts based on desire and intention. Defended April 2019.
- Katie Welch: Kids (Ain't Alright): College students and their parents' beliefs about emotion in relation to overparenting. Proposed October 2019.
- Jae Dee Wood: *Music, emotion regulation, & distress tolerance: Investigating how music may influence distress tolerance in college students.* Defended April 2015.

#### **Mentee Grants Awarded**

State/Federal Awards

- Psi Chi Undergraduate Research Grant. Adams Reimer, E. (2019). [Veilleux, J. C. (Mentor)]. You Just Need to Pray More: Prosperity Doctrine Ideology and Cognitions of God as Predictors of Stigmatization of Mental Illness. (Awarded for research proposal; \$1500 for study expenses).
- American Psychological Association Dissertation Award. Student: Skinner, K. [Veilleux, J. C. (Mentor)]. (Awarded \$1000 toward dissertation research).
- Southern Regional Education Board Doctoral Scholars Program. Student: Baker, D. [Veilleux, J. C. (Mentor)]. Awarded stipend and tuition for five years.
- Psi Chi Unrestricted Travel Grant. Skinner, K. (2015). [Veilleux, J.C. (Mentor)]. Restraint: A cognitive process or individual difference factor? A manipulation of restrained cognitive focus for unrestrained eaters. (Awarded to attend the International Convention of Psychological Science: \$1500).
- State Undergraduate Research Fellowship. Salomaa, A. (2014). [Veilleux, J. C. (Mentor)]. Expanding understanding of emotion beliefs: Exploring psychological distress, state negative affect, distress tolerance depletion and parental beliefs. (Awarded for research project; \$1375 to student; \$750 to mentor).
- Psi Chi Undergraduate Research Grant. Skinner, K. (2013). [Veilleux, J. C. (Mentor)]. *Personality, drinking motives and emotion regulation: Independent predictors of alcohol use across the lifespan.* (Awarded for research proposal; \$1500 for study expenses).

University Research Grants

- University of Arkansas Honors Research Grant. Welch, K. (2019). [Veilleux, J. C. (Mentor)]. Kids (Ain't Alright): College Students and their Parents' Beliefs about Emotions in Relation to Overparenting.. Awarded to conduct honors research; \$2500 to student; \$1000 to mentor)
- University of Arkansas Honors Research Grant. Heiland, A. (2019). [Veilleux, J. C. (Mentor)]. "I feel bad, so I deserve a treat": The influence of negative affect on justification thinking and self-regulation failure (Awarded to conduct honors research; \$2500 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Squires, A. (2018). [Veilleux, J. C. (Mentor)].. Redefining smoking quit attempts based on desire and intention. (Awarded to conduct honors research; \$1250 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Reimer, L. (2018). [Veilleux, J. C. (Mentor)]. *I believe that Satan has ahold of you: Religious conviction and beliefs about emotion predict stigma toward mental illness.* (Awarded to conduct honors research; \$1250 to student; \$1000 to mentor).

- University of Arkansas Honors Research Grant. Praeseuth, A. (2017). [Veilleux, J. C. (Mentor)]. *Implicit theories of emotions and happiness: How they differ and what they predict.* (Awarded to conduct honors research; \$1250 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Lankford, N. (2016). [**Veilleux**, **J. C.** (Mentor)]. *Balancing act: How affect balance disposition influences daily emotional experience.* (Awarded to conduct honors research; \$2500 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Martin, D. (2015). [Veilleux, J. C. (Mentor)]. The smoker's side of the cigarette: How participant-led data can provide new insight to smoking research. (Awarded to conduct honors research; \$2500 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Sprute, H. (2015). [Veilleux, J. C. (Mentor)]. The effects of mindfulness techniques on restrained eating through the lens of the goal conflict model of eating behavior (Awarded to conduct honors research; \$2500 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Salomaa, A. (2014). [Veilleux, J. C. (Mentor)]. Expanding understanding of emotion beliefs: Exploring psychological distress, state negative affect, distress tolerance depletion and parental beliefs. (Awarded to conduct honors research; \$2500 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Wood, J. (2014). [Veilleux, J. C. (Mentor)]. *Music, emotion regulation, & distress tolerance: Investigating how music may influence distress tolerance in college students.* .(Awarded to conduct honors research; \$1250 to student; \$1000 to mentor).
- University of Arkansas Honors Research Grant. Skinner, K. (2013-2014). [Veilleux, J. C. (Mentor)]. Personality, drinking motives and emotion regulation: Independent predictors of alcohol use across the lifespan. (Awarded to conduct honors research; \$2500 to student; \$1000 to mentor). University Travel Grants
  - Schroeder Travel Award. Baker, D. (2018). [Veilleux, J. C. (Mentor)]. Received \$1000 to attend substance abuse training at the Rutgers Summer School of Addiction Studies.
  - University of Arkansas Honors Conference Grant. Heiland, A (2020). [Veilleux, J. C. (Mentor)]. Because you had a bad day: The role of negative affect and justification in self-control failure. Awarded to attend the Society for Personality and Social Psychology; New Orleans, LA \$1000.
  - University of Arkansas Honors Conference Grant. Reimer, L. (2019). [Veilleux, J. C. (Mentor)]. Religiosity and emotion beliefs and predictors of mental health stigma. Awarded to attend the Society for Personality and Social Psychology; Portland, OR. \$1000.
  - University of Arkansas Honors Conference Grant. Squires, A. (2018). [Veilleux, J. C. (Mentor)]. Nicotine dependence predicts abstinence self-efficacy via perceived consequences of smoking while moderated by length of most recent quit attempt. Awarded to attend the Association for Psychological Science; San Fransisco, CA. \$1000.
  - University of Arkansas Honors Conference Grant. Praseuth, A. (2018). [Veilleux, J. C. (Mentor)] Implicit theories of emotions versus implicit theories of happiness. Awarded to attend the Association for Psychological Science; San Fransisco, CA. \$1000.
  - University of Arkansas Honors Conference Grant. Lankford, N. (2017). [Veilleux, J. C. (Mentor)]. Affecting how you feel: Individual differences in affect balance predict emotions in daily life. Awarded to attend the Association for Psychological Science; Boston, MA. \$1000.
  - University of Arkansas Honors Conference Grant. Sprute, H. (2016). [Veilleux, J. C. (Mentor)]. The effects of mindfulness on restrained eating through the lens of the goal conflict model of eating behavior. Awarded to attend the Society for Personality and Social Psychology; San Diego, CA. \$1000.
  - University of Arkansas Honors Conference Grant. Martin, D. (2015). [Veilleux, J. C. (Mentor)]. Expect good things when it comes to smoking cessation: Smoking abstinence expectancies mediate the relationship between nicotine withdrawal symptoms and relapse vulnerability Awarded to attend the Association for Psychological Science; New York, NY, \$1000.
  - University of Arkansas Honors Conference Grant. Pham, A. (2015). [Veilleux, J. C. (Mentor)]. Difficulties in emotion regulation as a mediator between emotion reactivity and eating disorder symptoms? Awarded to attend the International Convention for Psychological Science; Amsterdam, The Netherlands, \$1500).

- University of Arkansas Honors Conference Grant. Sprute, H. (2014). [Veilleux, J. C. (Mentor)]. Does maternal invalidation predict eating disorder diagnoses via self-criticism? Awarded to attend the Association for Behavior and Cognitive Therapies conference; Philadelphia, PA \$900).
- University of Arkansas Honors Conference Grant. Kauffman, A. (2014). [Veilleux, J. C. (Mentor)]. A serial mediation model of internalized self-criticism and binge eating: Highlighting the role of restraint, food craving, and experiential avoidance. Awarded to attend the Association for Behavior and Cognitive Therapies conference; Philadelphia, PA \$700).
- University of Arkansas Honors Conference Grant. Pham, A. (2014). [Veilleux, J. C. (Mentor)]. Temptation restraint and compulsive drinking: A goal conflict model of alcohol dependence in current smokers and non-smokers. (Awarded to attend the Association for Behavior and Cognitive Therapies conference; Philadelphia, PA; \$1000).
- University of Arkansas Honors Conference Grant. Pham, A. (2014). [Veilleux, J. C. (Mentor)]. ). Is anhedonia a mediating factor between depression and suicidal and self-injury ideation? A longitudinal analysis. (Awarded to attend the Association for Psychological Science conference; San Fransisco, CA; \$1000).
- University of Arkansas Honors Conference Grant. Kauffman, A. (2014). [Veilleux, J. C. (Mentor)]. ). The interactive effects of emotion constraint beliefs and experiential avoidance on symptoms of psychological distress. (Awarded to attend the Society for Personality and Social Psychology conference; Austin, TX.; \$1000).
- University of Arkansas Honors Conference Grant. Salomaa, A. (2013). [Veilleux, J. C. (Mentor)]. Predicting experiential avoidance from beliefs about emotion and regulation. (Awarded to attend the Association for Behavioral and Cognitive Therapies conference; Nashville, TN; \$800).
- University of Arkansas Honors Conference Grant. Skinner, K. (2013). [Veilleux, J. C. (Mentor)]. *Multidimensional experiential avoidance and psychopathology: Differential facets as unique predictors.* (Awarded to attend the Association for Behavioral and Cognitive Therapies conference; Nashville, TN; \$1000).
- University of Arkansas Honors Conference Grant. Wood, J. D. (2013). [Veilleux, J. C. (Mentor)]. How emotion regulation and beliefs about emotion influence symptoms of psychological distress. (Awarded to attend the Association for Behavioral and Cognitive Therapies conference; Nashville, TN; \$750).
- University of Arkansas Honors Conference Grant. Skinner, K. (2013). [Veilleux, J. C. (Mentor)]. Personality traits and alcohol use: Self-regulation moderates the relationship between extroversion and hazardous drinking. (Awarded to attend the Association for Psychological Science conference; Washington, D.C.; \$1000).
- University of Arkansas Honors Conference Grant. Skinner, K. (2013). [Veilleux, J. C. (Mentor)]. Drinking to regulate emotions: A mediation and moderation of affect intensity and drinking to cope. (Awarded to attend the Society for Personality and Social Psychology conference; New Orleans, LA.; \$1000).

## Mentee Grants/Fellowships Submitted

- State University Research Fellowship. Honors Student: Welch, K. (2019). [Veilleux, J. C. (Mentor)]. Kids (Ain't Alright): College Students and their Parents' Beliefs about Emotions in Relation to Overparenting. (Submitted October 2019). Unfunded.
- Ruth L. Kirschstein National Research Service Award (NRSA). Student: Skinner, K. [Veilleux, J. C. (Mentor)]. *Metacognitive beliefs about thought controllability influencing overeating episodes in obese individuals*. Submitted August 2016. Unfunded.
- Mental Health and Substance Abuse Services Minority Fellowship Program. Student: Baker, D. [Veilleux, J. C. (Mentor)]. Submitted February 2016. Unfunded.
- National Science Foundation Graduate Research Fellowship. Student: Skinner, K. [Veilleux, J. C. (Mentor)]. Submitted November 2015. Unfunded.
- Southern Regional Education Board Doctoral Scholars Program. Student: Baker, D. [Veilleux, J. C. (Mentor)]. Submitted February 2015. Unfunded.
- National Science Foundation Graduate Research Fellowship. Student: Skinner, K. [Veilleux, J. C. (Mentor)]. Submitted November 2014. Unfunded but received Honorable Mention.

- State University Research Fellowship. Honors Student: Sprute, H. (2014). [Veilleux, J. C. (Mentor)]. The effects of mindfulness techniques on restrained eating through the lens of the goal conflict model of eating behavior. (Submitted October 2014). Unfunded.
- National Science Foundation Graduate Research Fellowship. Student: Pollert, G. [Veilleux, J. C. (Mentor)]. Submitted November 2013. Unfunded.
- National Science Foundation Graduate Research Fellowship. Student: Salomaa, A. [Veilleux, J. C. (Mentor)]. Submitted November 2013. Unfunded.
- National Science Foundation Graduate Research Fellowship. Student: Skinner, K. [Veilleux, J. C. (Mentor)]. Submitted November 2013. Unfunded.
- State University Research Fellowship. Honors Student: Kauffman, A. (2013). [Veilleux, J. C. (Mentor)]. Tolerating discomfort and distress until depleted to desire: The effects of distress tolerance on eating behavior for restrained and unrestrained eaters. (Submitted October 2013). Unfunded.
- State University Research Fellowship. Honors Student: Skinner, K. (2013). [Veilleux, J. C. (Mentor)]. Personality, drinking motives and emotion regulation: Independent predictors of alcohol use across the lifespan. (Submitted October 2013). Unfunded.
- State University Research Fellowship. Honors Student: Wood, J. (2013). [Veilleux, J. C. (Mentor)]. *Music, emotion regulation, and distress tolerance: Investigating how music may influence distress tolerance in college students.* (Submitted October 2013). Unfunded.
- National Science Foundation Graduate Research Fellowship. Student: Zielinski, M. J. [Veilleux, J. C. (Mentor)]. Submitted November 2012. Unfunded.

### **Clinical Experience**

2011-present	Psychological Clinic, University of Arkansas
2010-2011	Southwest Consortium Pre-doctoral Psychology Internship (Albuquerque, NM)
2007-2008	Neuropsychology Extern (University of IL at Chicago Dept of Psychiatry)
2004-2010	Office of Applied Psychological Services (UIC Psychology Department Clinic)

#### **Attended Workshops and Training**

*Item Response Theory* (2014). Presented by William Skorupski (Sponsored by the Institute for Measurement, Methodology, Analysis & Policy at Texas Tech University).

Unified Protocol for Transdiagnostic Treatment of Emotional Disorders: Core Treatment Strategies and Recent Developments (2013). Presented by James Boswell, Shannon Sauer-Zavala, Matthew Gallagher, Todd Farchoine, and David Barlow (sponsored by the Association of Behavioral and Cognitive Therapies).

Developing Skills in Acceptance and Commitment Therapy (2010). Presented by Steve Hayes (Sponsored by the University of Denver, Graduate School of Psychology and the Colorado Chapter of the Association for Contextual Behavioral Science).

*Tourette Syndrome Workshop* (2009). Presented by Douglas Woods (sponsored by the Tourette Syndrome Association).

Fundamentals of Motivational Interviewing (2008). Presented by Walker Tisdale, III & Anthony Galloway (sponsored by the Howard Brown Health Center).

*Power Analysis and Sample Size* (2007). Presented by Jerry Hintze (sponsored by the Association for Psychological Science).

*Dialectical Behavior Therapy: From Soup to Nuts* (2006). Presented by Marsha Linehan & Kathryn E. Korslund (sponsored by the Association for Behavioral and Cognitive Therapies).

## **Professional Service**

2013-current 2012-2014 2010-current 2010-cur	
2010-current APA/CCTC Workgroup on trainees with problems of professional competence 2010-current Ad Hoc Journal Reviewer:  Addictive Behaviors, Assessment, Basic and Applied Social Psychology, Eating Behaviors, Emotion, Journal of Consulting and Clinical Psychology, Journal of Contemporary Psychotherapy, Journal of Happiness Studies, Journal of Health Psychology, Mindfulness, Nicotine & Tobacco Research, Personality & Individual Differences, Personality Disorders Theory Research and Treatment, Psychology of	
2010-current Ad Hoc Journal Reviewer:  Addictive Behaviors, Assessment, Basic and Applied Social Psychology, Eating Behaviors, Emotion, Journal of Consulting and Clinical Psychology, Journal of Contemporary Psychotherapy, Journal of Happiness Studies, Journal of Health Psychology, Mindfulness, Nicotine & Tobacco Research, Personality & Individual Differences, Personality Disorders Theory Research and Treatment, Psychology of	
Addictive Behaviors, Assessment, Basic and Applied Social Psychology, Eating Behaviors, Emotion, Journal of Consulting and Clinical Psychology, Journal of Contemporary Psychotherapy, Journal of Happiness Studies, Journal of Health Psychology, Mindfulness, Nicotine & Tobacco Research, Personality & Individual Differences, Personality Disorders Theory Research and Treatment, Psychology of	
Behaviors, Emotion, Journal of Consulting and Clinical Psychology, Journal of Contemporary Psychotherapy, Journal of Happiness Studies, Journal of Health Psychology, Mindfulness, Nicotine & Tobacco Research, Personality & Individual Differences, Personality Disorders Theory Research and Treatment, Psychology of	
Differences, Personality Disorders Theory Research and Treatment, Psychology of	
Addictive Rehaviors Psychiatry Research, Stress and Health	
2008-2010 Council of University Directors of Clinical Psychology (CUDCP)	
Student Representative to the Board of Directors	
2008-2009 UIC TA Orientation Experienced TA	
Panels: "Grading writing" and "Secrets of our Success"	
Assistant to the DCTs [assisted with APA-accreditation review]	
2007-2010 Council of University Directors of Clinical Psychology (CUDCP)	
Program Liaison	
2006-2008 Council of Graduate Students elected student member	
2006-2008 Graduate Student Council Representative	
Sub-Committee (2008): Teaching Development Task Force	
2006-2010 Ad Hoc Journal Reviewer:	
Addictive Behaviors, American Journal of Psychiatry, Annals of Behavioral Medicine	<del>)</del> ,
Cognition and Emotion, Journal of Abnormal Psychology, Nicotine & Tobacco	
Research, Psychology of Addictive Behaviors	
2005-2008 Clinical Division Assistant	
2005-2008 Psi Chi graduate school panel	
2005-2007 Clinical Division Student Representative	
2005-2006 Clinical Division Website Committee	

## **Professional Affiliations**

Association for Behavioral and Cognitive Therapies Association for Psychological Science International Society for Research on Emotion Society for Personality and Social Psychology Society for the Science of Clinical Psychology Society for the Teaching of Psychology